

Instructions for installing glidefree™ strips

You may need...tape measure or ruler, marker & scissors

- 1) Clean the transfer board, ensuring it is dry and free from body oils (soap and water or rubbing alcohol work well)
- 2) Center the strips lengthwise on board to determine optimal spacing (approx. ½" to ¾" apart) and length. Ideally, 1"-2" of material will wrap over the back side on each end of the board. Trim, if necessary. (*Tip: Refer to User Tips IV*)
- 3) Peel approximately 6" of backing and attach to the top surface on one end of the board, leaving enough material to wrap around the back side (*per step 2, above*).
- 4) Continue applying glidefree™ strips across the board, pulling away the backing as you go.
- 5) Repeat steps 3 and 4 for remaining strips.
- 6) Press firmly over entire surface of glidefree™ strips to ensure a strong bond between transfer board and glidefree™ strips.



(Photo's depict application around transfer board handles and end of the board)

Note (for wet transfers):

Optimal adhesion of glidefree™ strips to transfer board will occur 24 hours after application.

If you have any questions, contact us (see back side for contact information)

User Tips

glidefree™ transfer board strips are intended to reduce friction between your body and the transfer board (whether clothed or not, wet or dry).

- I. Use CAUTION as you begin using the transfer board with glidefree™ strips, as it now has a lower friction surface than what you may be accustomed. We recommend having someone nearby to ensure the device is working as intended.
- II. For additional peace of mind, contact your Physical or Occupational Therapist for assistance with applying glidefree™ strips and using the transfer board for the first few times.
- III. On occasions where the transfer board needs to be higher on one end (transferring to different heights), use CAUTION to prevent an unintended transfer. If height differences between transfer points is a routine issue, reduce or increase the number of glidefree™ strips to reduce or increase the amount of "friction reduction".
- IV. Round corners on each end of glidefree™ strips to prevent peeling.
- V. The transfer board can be cleaned as usual, although we recommend the board not be submerged in water. It is okay for the board to be wetted down with water.

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For more information about **glidefree™**
transfer board strips, contact:

Tamarack Habilitation Technologies

1670-94th Lane NE
Minneapolis, MN 55449-4323

Phone

763.795.0057 (local)
866.795.0057 (toll-free)

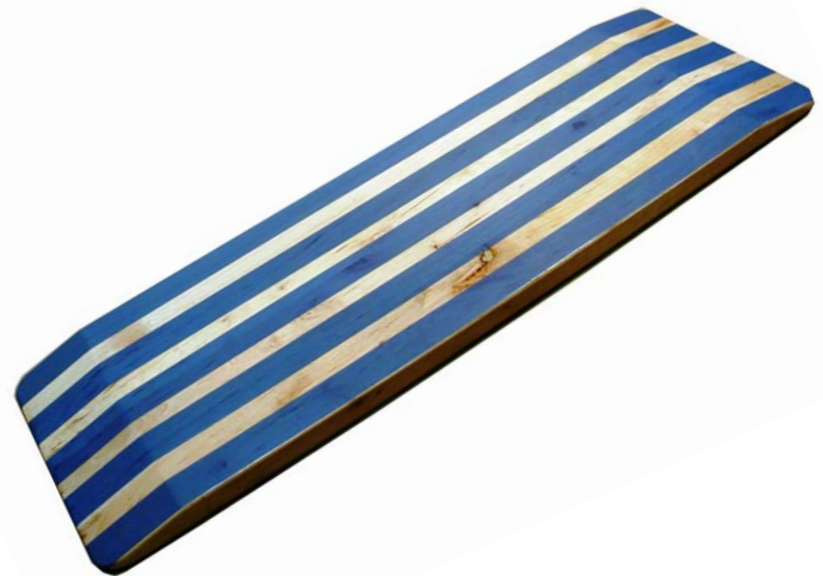
E-mail

info@tamarackhti.com

Website

www.tamarackhti.com

glidefree™
Transfer Board Strips with ShearBan® Technology



Manufactured in the U.S.A. by
Tamarack™ Habilitation Technologies